

# JOIN THE E-CONVERSATION SHC Multidisciplinary Palliative Care Forum

Community. Knowledge. Growth.

Tuesday, January 13, 2026

12.30pm - 2pm

Zoom Webinar

## Managing Taste and Appetite

Anorexia (lack of appetite), dysgeusia (altered taste) and cachexia (progressive weight loss and muscle wasting that is not reversible by normal nutrition) are common symptoms in patients in palliative care. These symptoms can be problematic for patients and their families and carers.

Eating and drinking has significant social and emotional meaning for patients and their loved ones. The ritual has tremendous cultural significance and is often an intimate part of the expression of love and caring. While measures to improve appetite may be effective earlier in a life limiting illness, patients often lose interest in food as the illness progresses, and there are a multitude of reasons for this. An unintended consequence of this is that families and carers may interpret this as rejection or that they are failing in their duty.

This talk will briefly cover some of the reasons why patients develop anorexia, cachexia and dysgeusia as well as the management of these symptoms.



Register

[tinyurl.com/  
mdfjan26](https://tinyurl.com/mdfjan26)

1 CME / CPE Point  
(Pending Approval)  
*\*For LIVE session only*



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\*Open to all local and overseas healthcare professionals and non-clinical staff in community or hospital setting

The webinar will be recorded by SHC authorised personnel for learning and archival purposes.

